

Baja Packing List Yogis

- Passport and copy
- Travel Insurance doc
- Print out of medical history, emergency contact and list of meds
- Flight info etc.
- Driver's license
- Cash for guide tips (15-20% recommended of total)
- Checkbook for Dana/Cash
- Watch
- Sunglasses w/ strap
- Earplugs
- Water bottle (1-2 liter) and carabiner
 - (hydration system for kayaking optional)
- Headlamp and batteries (red light option)
- Solar light - optional

- Keens/tevas/crocs or other water shoes
- Camp Pillow
- Sun hat
- Bug net – optional
- Long underwear
- Wool shirts - short sleeve and long sleeve
- Wind Breaker/ Wind shirt
- Quick drying paddling/sun shirt - long sleeve
- warmer pants
- shorts or capris for paddling
- One other pant or capris on land
- 2 pair socks/ 3 underwear
- cotton t-shirt
- cotton long shirt
- Something to sleep in
- Swim suit
- Sarong
- towel
- Fleece
- Puffy jacket

- wool hat
- raincoat/rain pants

- Non trip clothes – town

- Sunscreen and Lip Protection
- Toiletries – minimal
- bug juice
- Medications
- Personal First Aid
- Journal/pen (optional)
- Binocs – w/ macro lens - optional
- Paddling Jacket - optional

Provided

- Sleeping Bag
- Pad
- Tent
- Camp chair
- Crazy Creek chair
- Paddling gloves
- Life Jacket
- Snorkeling gear
- Wet Suit
- Duffel Bags
- Dry bag 10L