

Dharma of the Earth

A wilderness retreat in the Colorado Rockies, August 25th- 28th 2011

Come practice Insight Meditation in the wild:

- Explore a simple presence to both inner and outer landscapes, cultivating an uncomplicated receptivity in the mind while deepening our relationship with the wider natural world. Suitable for beginning and experienced meditators.
- Enjoy the silence of retreat, supported by meditation instruction, solo time, dharma talks, meetings with teachers and practice in the the high mountains in the Fall.
- We will be based at a secluded alpine cabin above Lake Irwin, near Crested Butte. Accommodation will be camping and meals are provided.



*'I sit quietly,
listening
to the falling
leaves'
- Ryokan*

A guiding question for us is: "How do we come to care for this life, our own and the wider life around us?"

*"The Whole
Earth
is the True
Human Body'
- Dogen*

For more information on the retreat or to register, please visit:

<http://www.deserthharma.org>

Susie Harrington has been meditating since 1989, and been engaged in Insight meditation practice since 1995. Teaching since 2005 under the direction of her teachers - Guy Armstrong, Jack Kornfield, and Tory Capron, she has also been influenced by Advaita Vedanta and Dzochen teachers. She is a graduate of Hakomi Therapy (a somatic psychotherapy modality). She has been an outdoor professional for over 30 years, including years as a river guide, mountaineering guide, and backcountry ranger.



Caiyloirch Marques has been practicing Insight meditation since 1997 with an emphasis on intensive retreat practice. His primary teachers include Christina Feldman and Joseph Goldstein. 'I am intrigued by the stories we live by. A guiding question for my own life is concerned with what personal and collective stories support us in living in a mutually enhancing manner on this earth'. For the past eight years Caiyloirch has worked in the field of experiential environmental education in support of this inquiry.

**Sponsored by
Sky Mind
Retreats**

The retreat is offered in the tradition of generosity (dana), allowing a voluntary contribution to the teachers at the end of the retreat. We ask for a contribution of between \$155 and \$130 in order to cover food, insurance and teachers' travel. Scholarships available.